

Pakistan Association of Western Australia (Inc), 46 Kanangra Crs. Greenwood, WA 6024, Australia
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NOTE FROM THE EXECUTIVE COMMITTEE

Dear Members and Friends

PAWA has just received its first grant through Active Family Challenge funding to organise an event. A ten pin bowling night has been therefore planned for 21st November 2009 at Warwick Bowling from 6.30 onwards. All PAWA members are eligible for subsidised rates through this grant but places are limited so first come and get first served.

The year is coming to an End and holiday season is around the corner when we all start packing bags to take a break. It is an exciting opportunity for a family night out with prizes to be won for top scorer couple and in individual categories. Places will be limited so take advantage of this offer and book your place by 15th November.

The price for members is 20\$ which includes two games + shoe hire + food + soft drink or coffee. If you are not a PAWA member the fee is 30 dollars which is regular charge for the game.

NOMINATION FOR MULTICULTURAL COMMUNITY SERVICE AWARD

Mr. Sadiq Bux has been nominated for his contribution to multicultural community service award 2009 in individual category. We will be keeping our fingers crossed for the final results.

DISCOUNT OFFER TO ATTEND BOLLYWOOD EXPLOSION

FRIDAY 4th DECEMBER 2009 . PERTH CONVENTION CENTRE.

INDEVENT, the event organisers have offered to Pakistani community a special discount on purchase of tickets. As a goodwill gesture, an exclusive **5% Discount offer** on Concert Tickets to PAWA members please do not forget to mention **BE2009PAWAM** Code in Email to On top of that we are also offering **BUY 10 Tickets & GET 1 FREE**, provided 10 tickets are ordered in one transaction.

1. There is a Special \$10 Discount for Students, Pensioners & Children (on \$55, \$95 & \$110 tickets only)

Tickets are really selling Fast, so please rush to get the Best Seat beforehand and contact us at ved@indevent.com.au or info@indevent.com.au

Executive Committee

2009 – 2010

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Mr. M Nazar Khan

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Coordinator Online services

FAMILY AND DOMESTIC VIOLENCE: AN ISLAMIC PERSPECTIVE: 27TH NOVEMBER 2009

1127 ALBANY HIGHWAY, BENTLEY

The Muslim Women's Support Centre would like to invite you to a round table discussion about Family and Domestic Violence from an Islamic perspective.

- Are you a service provider who deals with FDV clients ?
- Are your clients Muslim or are in a relationship with a Muslim?
- Would you like to clarify Islam's position on FDV?
- Or would you just like to increase your knowledge on Islam?

Please join us for an informal gathering and morning tea. We hope the morning will help you better understand your clients needs and values.

An Imam (Religious Advisor) and other female Muslim staff will be happy to answer your questions. *You may drop in anytime between 9:30am and 12:30pm.*

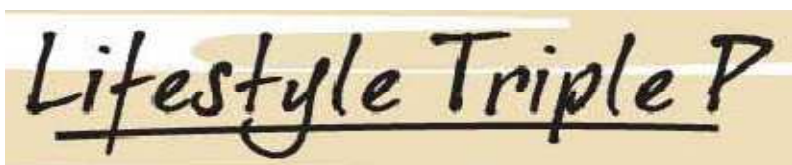
Scholarships for health professionals

Five Health Professional Scholarships are now available for every Heartmoves Short Course for Exercise Professionals.

These five scholarships are available for **health professionals who are not members of the accrediting bodies** (APA, AAESS, ADEA and Fitness Australia) and who are **not able to deliver Heartmoves in a commercial environment**, but who are **interested in referring clients to Heartmoves programs** (e.g. Practice Nurses, GPs, Specialists, Aboriginal Health Workers, Dietitians, Psychologists, Community Nurses, etc.).

To apply for one of these scholarships, please complete the attached registration form and submit to Carmen Lam (details on form). **Please insert in the payment section "HEALTH PROFESSIONAL SCHOLARSHIP"**.

Successful scholarship applicants will be notified, and your workshop place will be confirmed. For further information about this fantastic opportunity, or for more information about the Heartmoves program: Log on to the Heartmoves website: www.heartfoundation.org.au/heartmoves or contact Dannie Butcher 9382 5905



WA Community Health services offer help to families with overweight children...

Thursday 19th November 2009: 9 – 10.30 am at Grace Vaughan House 227 Stubbs Terrace, Shenton Park.

You are invited to attend a key stakeholder forum where some of the preliminary data of the WA Pilot will be shared, including:

- Community response to the program
- Baseline pilot data
- Anecdotal feedback – case study from pilot facilitators
- Original evidence base (Queensland data)

Lifestyle Triple P has the potential to alleviate pressure on tertiary health services, providing an affordable, accessible community-based option for parents seeking help for their overweight children. The program has the flexibility to be delivered in settings other than community health and has relevance to all sectors committed to addressing childhood overweight and obesity.



INVITATION TO TEN PIN BOWLING

21st November 2009

WARWICK BOWLING CLUB

6.30 pm onwards

Active Family Challenge Promotion
Western Australian Sports Federation

Includes

Two games + Shoe Hire

And

Plenty of food and soft drink/coffee

And

Chance to win Prizes

TICKETS

PAWA members - \$20

Non-members - \$30

For bookings please contact: 0434841705 or info.pawa@gmail.com as all tickets must be pre-booked by 15th November 2009. This event is subsidised for PAWA members through Active Family Challenge Promotion run by West Australian Sports Federation